



# SUMMER KIDS MEALS

## NUTRITION MATTERS

sponsored by  SNOQUALMIE VALLEY FOOD BANK

### KID FRIENDLY FOOD DRIVE IDEAS

Tuna Fish  
Granola Bars  
Applesauce  
Dried Fruit

Low Sugar Cereal  
Peanut Butter  
Trail Mix  
Graham Crackers

Juice Boxes  
Whole Grain Crackers  
Jelly  
Raisins

Baked Beans  
Noodle Soup  
Canned Meals for Kids